

CYTOGENETIC BIOMONITORING IN A SERBIAN POPULATION OCCUPATIONALLY EXPOSED TO A COMPLEX MIXTURE OF PESTICIDES

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The aim of this study was the analysis of chromosomal aberrations (CA) and premature centromeric division (PCD) in people exposed to pesticides at work. The research included 26 subjects occupationally exposed to pesticides, of average age 39.89 ± 8.66 , and 32 control subjects of average age 40.57 ± 6.57 . Mann-Whitney U tests showed statistically significant differences between the groups for mean values of all the examined variables. In addition, Spearman's (non-parametric) correlation test detected a positive linear correlation between CA and PCD. The presence of mostly chromatid and isochromatid breaks in the examinees indicates continuous exposure to pesticides. The absence of complex chromosomal rearrangements points to adequate protection of the subjects at their work places.

Key words: Occupational exposure, Human lymphocytes, chromosomal aberrations, pesticides

INTRODUCTION

Pesticides are extensively applied all over the world and in recent years their use has increased. At present there are more than 1000 chemicals classified as pesticides (WHO, 2004) and about 890 active ingredients in 20 700 pesticide products (TOMLIN, 2011).

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The perfect pesticide should be toxic only to target organisms, be totally biodegradable to CO₂ and H₂O, and should not leave intermediate compounds in environment. Unfortunately, this is rarely the case and widespread use of pesticides in the contemporary agriculture is of increasing concern. The main problems in real system arising from the use of pesticides in agriculture are their toxicity to non-target organisms and environment (ROS *et al.*, 2006; RADIVOJEVIC *et al.*, 2008; RADIVOJEVIC *et al.*, 2012).

Large amounts of these chemicals are released into the environment and being a potential hazard to human health. Toxicologic evidence of the carcinogenicity of several pesticides in animals, together with the fact that a large population of workers are exposed to such compounds, have attracted the attention of many studies (CARBONELL *et al.*, 1995; PADMAVATHI *et al.* 2000; GOMEZ-ARROYO *et al.*, 2000; ZELJEZIC *et al.*, 2002; UNDEGER *et al.*, 2002; GROVER *et al.* 2003; HEUSER *et al.* 2007; JOVICIC *et al.*, 2012). With regard to genotoxicity, particular attention is focused on cytogenetic assays, because chromosome aberrations may be used as an early warning signal for cancer development. Data from the biomonitoring of human populations indicate that the increased frequency of chromosome aberrations is related to exposure to genotoxic agents, and may be employed to estimate cancer risk and genetic illness (WHO, 2004; HAGMAR *et al.* 2004). Biomonitoring studies using somatic cells have been extensively conducted to evaluate the possible genotoxic risk of a defined exposure and some indicators, such as chromosomal aberrations, have been shown to be relevant biomarkers for further cancer incidence (HAGMAR *et al.* 1998; IARC, 2007).

Using data from cytogenetic biomonitoring studies for risk assessment has many potential disadvantages, such as the difficulty of establishing consistent causal exposure-disease relationships, problems in obtaining reliable information on exposure levels in retrospective studies, overlapping contact with other chemicals and/or the problem of non-comparable populations among those exposed to different levels of carcinogens (HCN, 1994). Moreover, in the case of occupational contact with pesticides, there is great interindividual variability in the degree of exposure and it generally involves complex mixtures of many kinds of compounds.

Exposure to pesticides has been associated with increases in the incidence of non-Hodgkin's lymphoma (HARDELL *et al.* 1999; ZHENG *et al.* 2001), pancreatic, stomach, liver and bladder cancer (SHUKLA *et al.* 2001; JI *et al.* 2001), Parkinson's disease (GAUTHIER *et al.* 2001) and undesirable reproductive outcomes (ARBUCKLE *et al.* 2001) among others.

Many pesticides involved in carcinogenic risk, and classified as probable or possible carcinogens by International Agencies, are banned or their use is restricted in some countries; but, due to bioaccumulation and persistence in ecosystems, they are widespread environmental pollutants. Residues of pesticides have been detected in the food chain and in different biological media in humans.

In order to identify possible changes related to pesticide exposure, we have carried out a cross-sectional study in a group of occupationally exposed workers, where cytogenetic, biochemical and hematological parameters were analyzed simultaneously.

MATERIALS AND METHODS

The exposed group was composed of 26 individuals working in three different units of pesticide production (pesticide synthesis, emulsion concentrated production and powder and liquid pesticide production) and 32 controls. During the production process all subjects were simultaneously exposed to a complex mixture of pesticides (Table 1). No control individuals

were occupationally exposed to any particular chemical agent. Table 2 shows the characteristics of the studied groups regarding sex (male or female), age (in years), working experience (WE in years), duration of occupational exposure to pesticides (DOE in years), smoking habit (smoker or non – smoker), chromosomal aberrations (CAs) and premature centromeric division (PCD). The workers completed a specific questionnaire in which the type of working activity, duration of contact with pesticides, kinds of pesticides used, protective measures, etc., were recorded.

Table 1. Pesticides used in the pesticide factory

Herbicides		Insecticides/Acricides		Fungicides	
Active ingredient	Class	Active ingredient	Class	Active ingredient	Class
2,4 D	Phenoxy-carboxylic acid	Abamectin	-	Copper oxychloride	Inorganic
Acetochlor	Chloracetamide	Acetamiprid	Neonicotinoid	Carbenadazim	Benzimidazole
Bentazone	Benzothiadiazinone	Bifenthrin	Pyrethroid	Chlorothalonil	Chloronitrile
Dicamba	Benzoic acid	Buprofezin	Thiadiazine	Difenoconazole	Triazole
Dichlobenil	Benzonitrile	Chlorpyrifos	Organophosphate	Fluazinam	Toluidine
Clethodim	Cyclohexanedione oxime	Cypermethrin	Pyrethroid	Iprodione	Dicarboximide
Clomazone	Isoxazolidinone	Fenitrothion	Organophosphate	Mancozeb	Dithiocarbamate
Clopyralid	Pyridinecarboxylic acid	Imidacloprid	Neonicotinoid	Pyrimethanil	Anilinopyrimidine
Fluroxypyr	Pyridinecarboxylic acid	Malathion	Organophosphate	Propamocarb hydrochloride	Carbamate fungicide
Glyphosate	Glycine derivative	Pyriproxyfen	Juvenile hormone mimic	Propineb	Dithiocarbamate
Linuron	Urea	Tebufozide	Diacylhydrazine	Tebuconazole	Triazole
Nicosulfuron	Sulfonylurea				
Paraquat	Bipyridylum				
Pendimethalin	Dinitroaniline				
Quizalofop-P	Aryloxyphenoxypionate				
Sulcotrione	Triketone				

Enzyme analysis

Levels of serum alanine aminotransferase (ALT), aspartate aminotransferase (AST) and cholinesterase (SChE) were determined. These enzymes were analyzed spectrophotometrically using commercially available biochemical kits from Italy.

Chromosomal aberrations (CAs) and premature centromeric division (PCD)

CAs and PCD in lymphocytes were analyzed according to a standard protocol ((IAEA, 1986). Whole blood cultures were prepared using RPMI 1640 medium supplemented with 10% of fetal calf serum (Life technologies, [http:// www.lifetechnology, com/](http://www.lifetechnology.com/)). The lymphocytes were stimulated with phytohaemagglutinin (PHA, PAA) at $5 \mu\text{g ml}^{-1}$ for 48 h at 37°C . During the last 2 h of incubation colchicine ($0.05 \mu\text{g mL}^{-1}$; Sigma – Aldrich, 3050 Spruce St., St. Louis, MO 63103) was added to the medium. The cells were exposed to hypotonic solution (20 min) by stepwise addition of 0.075 M KCL followed by fixation. Cells were spread on slides and dried over a flame. The slides were aged for the next 5-7 days. Giemsa stained slides were coded and

scored blind under a light microscope. Two hundred well-spread metaphases per subject were screened for PCD and chromosome damage. PCD was diagnosed when the separation between sister chromatids was equal to or more than the thickness of the chromatid (RUSHKOVSKY *et al.* 2003).

Table 2. General characteristics of the studied population

Variable	Exposed group	Mean	SD	Z -value	p-value
Age	control	40.57	6.57	-0.39	0.690
	exposed	39.89	8.66		
Working experience (WE)	control	16.23	6.25	-0.25	0.800
	exposed	16.12	9.6		
Duration of occupational exposure (DOE)	control	0.00	0.00	-6.97	0.000**
	exposed	11.56	7.42		
Aspartate aminotrasferase (AST),	control	18.67	4.16	-2.46	0.014*
	exposed	22.19	5.80		
Alanine aminotransferase (ALT),	control	18.53	4.25	-3.65	0.000**
	exposed	27.58	12.49		
Serum cholinesterase (SChE).	control	6951.00	1651.55	-3.2	0.001**
	exposed	9878.92	3593.94		
Number aberrant cells	control	0.67	0.99	-5.64	0.000**
	exposed	4.35	2.35		
Acentric	control	0.33	0.55	-3.35	0.001**
	exposed	1.19	1.1		
Chromatid breaks	control	0.23	0.43	-6.12	0.000**
	exposed	2.27	1.04		
Chromosome breaks	control	0.13	0.35	-4.44	0.000**
	exposed	1.27	1.15		
tPCD	control	0.23	0.50	-2.34	0.020*
	exposed	0.77	0.95		
PCD1-5	control	1.17	1.02	-3.19	0.001**
	exposed	2.88	2.2		
PCD5-10	control	0.40	1.31	-2.43	0.015*
	exposed	1.27	1.73		
Chromatid exchange	control	0.00	0.00	-3.01	0.002**
	exposed	0.27	0.45		

WE—working experience; DOE—duration of occupational exposure to pesticide tPCD—total number of chromosomes with PCD.

a ns $p < 0.05$; * $p < 0.01$; **

Statistical analysis

Frequencies of CAs: chromatid and chromosome breaks, acentrics, dicentrics and ring chromosomes, as well as PCD parameters, were evaluated for at least 200 metaphase cells. Three PCD parameters were included in the analysis: total number of chromosomes with PCD (tPCD) and frequencies of metaphase cells with 1-5 PCDs and 5-10 PCDs. In addition to descriptive statistics, appropriate non-parametric statistical methods were used (Mann-Whitney U-test, Pearson's χ^2 test and Spearman rank test (non-parametric correlation test) on the whole sample (control-exposed) and the exposed group only. The software used for data analyses was STATISTICA (StatSoft, Tulsa, OK) and SPSS version 10.0 (SPSS Inc., Chicago, IL).

RESULTS

Here we report the results of cytogenetic monitoring of 26 occupationally exposed workers and 32 matched controls using CA assays. The main objective was to show that exposure to pesticide mixtures in the manufacturing industry leads to an increase in cytogenetic damage.

Table 2. gives the main characteristics of the population studied. The Mann-Whitney U-test indicated statistically significant differences of average values of all examined variables in comparison to the control group. The numbers of acentric fragments ($p < 0.01$), chromatid and isochromatid breaks ($p < 0.01$), tPCD; ($p < 0.05$), PCD1-5; ($p < 0.01$) PCD 5-10 ($p < 0.05$) and chromatid exchanges ($p < 0.01$) differed between the groups (Figure 1). Moreover, the total number of aberrated cells in workers was significantly different from that in the control group of examinees ($p < 0.01$). Table 2 also shows values for the analyzed enzymes (SChE, AST, ALT). According to earlier results (BHALLI *et al.* 2006; JOVICIC *et al.* 2012) serum cholinesterase (SChE) levels were lower in workers exposed to pesticides in comparison with the control group ($p < 0.001$). Enzymes are very important biomarkers in biomonitoring studies. The values for ALT and AST were markedly higher than those for the control group of workers ($P < 0.001$). Our results also show significantly higher concentrations of ALT and AST in exposed workers in comparison with the control group ($p < 0.01$).

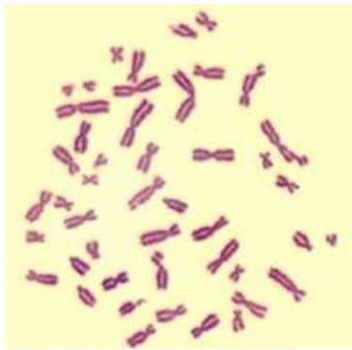


Fig 1. Metaphase with chromosome and chromatide breaks

The number of exposed years during employment was significantly greater than for the control group of examinees. Only age and total length of employment showed no significant difference in comparison to the control group (Table 2).

The frequency of PCD was expected to differ between the control and exposed individuals. We found that PCD frequency was significantly lower in the control than in the exposed group. JOVICIC *et al.* (2010) pointed to PCD as a marker of chromosome instability, so it was suggested that PCD is a suitable cytogenetic marker for workers professionally exposed to mutagenic agents. This could be explained partially by the observations of IKEUTCHI *et al.* (2004), who showed that PCD could be induced by an increasing hypotonic treatment (technical procedure). Other authors suggested that PCD might depend on the action of yet unknown environmental factors to which subjects from the control group were exposed (MAJOR *et al.* 1999).

Positive results for chromosomal aberration tests after occupational exposure to a mixture of pesticides were reported earlier (BOLOGNESI, 2003; ANTONUCCI *et al.* 2000; BOLOGNESI *et al.* 2009; EL-KHATIB *et al.* 2003). Similar results were obtained for a population monitored in Croatia, (CARBONELL *et al.* 1995; ZELJEZIC *et al.* 2002), i.e. the workers exposed were protected against pesticide fog but presented a frequency of CAs higher than controls. Statistically significant increases in the number of all types of chromatid and chromosome aberrations, sister chromatid exchanges frequency, micronucleus frequency and comet assay endpoint values observed in exposed subjects may indicate longterm occupational contact with a complex pesticide (GARAJ-VRHOVAC *et al.* 2001).

Table 3. Results of Pearson's χ^2 test for the variables examined

Variable	χ^2	Degrees of freedom DF	p
Chromatid breaks	11.515	4	0.020 *
Chromosome breaks	10.099	3	0.018*

DF- degrees of freedom P<0.05

Table 4. The frequency of breaks and the number of aberrant cells in relation to smoking habit

Smoking	Variable	Number of breaks per 200 cells	Percent
Non-smokers	Chromatid breaks	0	54.1
		1-3	45.9
Smokers	Chromatid breaks	0	21.1
		1-4	78.9
Non-smokers	Chromosome breaks	0	73.0
		1-3	27.0
Smokers	Chromosome breaks	0	6.8
		1-3	63.2

Considering smoking habits, Pearson's X^2 test showed that, regardless of whether workers are exposed or not, isochromatic and chromatic breaks occur more frequently among smokers. Thus, 79% of smokers had one or more chromatid breaks, whereas non-smokers had 46%. Moreover, 63% of smokers had one or more isochromatid breaks, while non-smokers had 27%. The results of Pearson's X^2 test are shown in Table 3, while the frequency of the tested parameters is given in Table 4.

DISCUSSION

Cytogenetic damage in individuals occupationally exposed to pesticides has received the attention of investigators in several countries but no definitive conclusions have yet been made. Reviews on this matter (BOLOGNESI, 2003; BULL *et al.* 2006) suggest that most studies found increases in biomonitoring indices of genotoxicity in pesticide applications. Work environment, time of exposure and exposure conditions are described as factors affecting cytogenetic damage levels (KHUDER *et al.* 1997; BHALLI *et al.* 2006). Another factor complicating comparison of different studies performed to date is the large number and variety of chemicals generally used.

Similarly to our results, ANTONUCCI *et al.* (2000) observed that exposed and control subjects did not differ significantly in terms of smoking habits as observed with the statistical test used. BONNER *et al.* (2010) reported that workers who smoke and are exposed to pesticides exhibited a significant increase in total chromosomal aberrations compared to non-smokers who had no contact with pesticides. Although some studies showed higher levels of cytogenetic biomarkers in smokers than non-smokers (CARBONELL *et al.* 1990), BHALLI *et al.* (2006) reported that smoking has an additive effect on the frequency of BNMN (binucleated lymphocytes with micronucleus) and MNL (number of micronuclei in binucleated lymphocytes). Some other confounding factors like smoking habit and exposure time were also analyzed. Thus, smoking had an additive effect on the frequency of BNMN and MNL, which was reflected by more BNMN and MNL in lymphocytes of smokers than of non-smokers. On the other hand, micronuclei analyses conducted by Lucero (LUCERO *et al.* 2000) and PASTOR *et al.* (2002) showed that smoking habits did not cause any significant elevation in chromosomal aberrations. In our exposed group, the length of exposure during employment only had an influence on PCD5-10 ($p < 0.05$), while there was no statistical significance for the biochemical parameters SChe, ALT and AST. The results of Pearson's X^2 test are shown in Table 5.

The lack of correlation between exposure time to pesticides and SCE frequencies might be related to the fact that the group less in contact with pesticides had similar SCE frequencies. This is in agreement with others (BOLOGNESI *et al.* 2003), who did not find any correlation between micronuclei frequency and exposure time to pesticides. Negative results for SCE were obtained in people exposed to insecticides, herbicides (SHAHAM *et al.*, 2001) and a complex mixture of them (CARBONELL *et al.* 1990; GOMEZ-ARROYO *et al.* 1992). PASTOR *et al.* (2003) reported that no relation existed between exposure time and an increase in the frequency of micronuclei.

Besides that, the Spearman rank test indicated a positive linear correlation between CA and PCD. Spearman rank correlation showed that our group of examinees exhibited significant positive correlations with the number of aberrated cells as well as with the number of chromatid and isochromatid breaks, acentric fragments, frequency of premature centromeric division, and

tPCD, PCD1-5, PCD5-10 variables. For biochemical parameters, significant positive correlations occurred in ALT, SChE and ALT (Table 6).

Table 5. Influence of duration of exposure (DOE) on the genetic and biochemical parameters.

Results Pearson's χ^2 test

Variables	χ^2	DF	p-value
Number aberrant cells	11.41	9	0.25
Acentric	5.66	4	0.23
Chromosome breaks	4.99	3	0.17
Chromatid breaks	6.83	4	0.15
tPCD	2.01	3	0.57
PCD1-5	9.44	7	0.22
PCD5-10	12.39	4	0.02*
Chromatid exchange	0.46	1	0.49
Aneuploidy	4.34	5	0.50
Polyploidy	0.89	2	0.64
SChE	26.00	25	0.41
ALT	15.94	18	0.60
AST	17.96	17	0.39

DF - degrees of freedom,
Marginally significant P<0.05*

Table 6 .Spearman rank (nonparametric) correlations between variable pairs for the whole sample below diagonal and the exposed group above diagonal

	Number aberrant cells	Acentric breaks	Chromatid breaks	Chromosome breaks	tPCD	PCD 1-5	PCD 5-10	Chromatid exchange	Aneuploidy	Polyploidy	ALT (U/L)	AST (U/L)	serum cholinesterase (SChE). (U/L)
Exposed group	0.761**	0.452**	0.825**	0.599**	0.316*	0.430**	0.327*	0.406**	0.361**	0.255	0.492**	0.331*	0.431**
Number aberrant cells		0.759**	0.911**	0.802**	0.632**	0.491**	0.416**	0.525**	0.521**	0.285*	0.573**	0.334*	0.414**
Acentric			0.568**	0.584**	0.569**	0.370**	0.356**	0.289*	0.548**	0.309*	0.407**	0.231	0.303*
Chromatid breaks				0.678**	0.411**	0.528**	0.408**	0.506**	0.454**	0.186	0.559**	0.319*	0.508**
Chromosome breaks					0.638**	0.492**	0.546**	0.604**	0.593**	0.226	0.557**	0.366**	0.204
tPCD						0.183	0.242	0.614**	0.437**	0.371**	0.332*	0.240	0.211
PCD 1-5							0.648**	0.354**	0.564**	-0.008	0.431**	0.367**	0.316*
PCD 5-10								0.424**	0.622**	0.007	0.401**	0.260	0.181
Chromatid exchange									0.533**	0.154	0.297*	0.204	0.254
Aneuploidy										0.121	0.396**	0.220	0.179
Polyploidy											0.025	0.036	-0.023
ALT (U/L)												0.616**	0.508**
AST (U/L)													0.434**

*p<005 **p<001 ALT: alanine aminotransferase AST: aspartate aminotrasferase (SChE). serum cholinesterase

Our results indicate that workers exposed to pesticides have an increased frequency of cytogenetic changes (chromatid and chromosome breaks) in comparison with the control group of examinees. We also noticed that it is necessary to biomonitor people professionally exposed to different groups of pesticides continually through regular analysis of biochemical and hematologic parameters. Moreover, constant improvement of cytogenetic methods will give a safer and fuller picture of potential changes in the karyotype (GROVER *et al.* 2003; PIPERAKIS *et al.* 2003; BOLOGNESI *et al.* 2004; COSTA *et al.* 2006; DA SILVA *et al.* 2008; REMOR *et al.* 2009). It was noted that employees working in pesticide production used adequate measures of protection, which was reflected in the presence of a relatively small number of drastic chromosome changes.

CONCLUSION

Therefore, according to data obtained in this study, occupational exposure to a complex mixture of pesticides was the main factor in the induction of CAs in the investigated population. These

observations indicate the need to increase the preventive measures habitually used by staff occupationally exposed to pesticides. Our results were obtained from a preliminary examination on a relatively small sample, so further studies including a larger number of subjects combined with investigations *in vitro* should be performed in order for the observed phenomena to be understood better. They also indicate the need for permanent biomonitoring of subjects occupationally exposed to various mixtures of pesticides, using a variety of cytogenetic methods.

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CITOGENETIČKA ISTRAŽIVANJA RADNIKA SRBIJE PROFESIONALNO IZLOŽENIH PESTICIDIMA

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Izvod

Cilj istraživanja bila je analiza hromozomskih aberacija (CA) i prevremene centromerne deobe (PCD) kod lica profesionalno izloženih pesticidima. Istraživanja su obuhvatala 26 ispitanika profesionalno izloženi pesticidima prosečne starosti 39.89 ± 8.66 i 32 ispitanika kontrolne grupe prosečne starosti 40.57 ± 6.57 . Mann-Whitney U test pokazuje statistički značajnu razliku srednjih vrednosti parametara svih ispitivanih varijabli u odnosu na kontrolnu grupu. Osim toga, Spearmanova (neparametarska) korelacija je pokazala da postoji pozitivna linearna korelacija između CA i PCD. Prisustvo uglavnom hromatidnih i izohromatidnih prekida kod ispitanika ukazuju na kontinuirano izlaganje pesticidima. Odsustvo složenih hromozomskih rearanžmana ukazuje na dobru zaštitu ispitanika na njihovim radnim mestima.

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